Your Employee Assistance Program

Here for you as life happens...

alliance work partners

awpnnow.com • 512.328.1144 • 800.343.3822

Confidential
No identifying information is provided to your employer

No cost to you

Available anytime
24 hours a day, 7 days a week, 365 days a year

All Benefits can be accessed by calling
In Austin 512-328-1144
Toll Free 800-343-3822

Who is eligible?

• Employee, retiree, spouse, significant Other
• Any household member, regardless of age or relationship, residing in employee’s home, including significant other and their children.
• Children are covered until their 27th birthday (whether they live with you or not).
• Eligible client may bring anyone with them to their sessions regardless of relationship to employee.
• EAP Benefits are available for 6 months from date of separation, lay-off or termination

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Your EAP Benefits

- **1 to 6 Counseling Sessions**
  Per person, per problem, per year
- **LawAccess**
  Legal & financial tools, resources & referrals
- **HelpNet**
  Your EAP website featuring skill-building tools, assessments, calculators and a wealth of tips & resources for every day life
- **WorkLife**
  Resources and referrals for everyday needs. Available by telephone.
- **SafeRide**
  We all know drinking & driving don’t mix – don’t drink and drive, call for a SafeRide

There are times when speaking with someone can help & the support can get you back on track. Your EAP offers short-term counseling for a variety of personal issues.

Help with any personal issue...

- Relationship Issues
- Personal Growth Issues
- Stress & Lifestyle Balance
- Depression/Anxiety
- Financial Issues
- Alcohol/Drug Issues
- Legal Issues
- ANY Problem Affecting Your Quality of Life
Law Access

- Address legal and financial issues, which may arise in the lives of employees and their immediate families.
- Services and resources are available by phone and online for you and your family members to access a network of legal and financial professionals and information that can help provide peace of mind.

Your EAP Benefits

Law Access

On-line Services are available via your customized EAP website. Access legal and financial libraries, legal forms, and financial tools and calculators, including:

- Online Will: Services designed to enable any participant to draft a legally valid last will & testament.
- Financial Management Tools: Innovative, online tools to easily and effectively manage your personal finance goals.
- Credit Monitoring: Education and monitoring services designed to help protect your identity and prevent identity theft.

Help Net

Your gateway to access online options for employees, and their household, to maintain a healthy balance between work, family, and individual needs.

- Relationships
- Emotional Well-Being
- Health
- Personal Growth
- Legal
- Financial
- and more ...
Your EAP Benefits

HelpNet

Website Courses

Communication
- Effective Communication
- Conflict Resolution
- Business Writing
- Presentation Skills
- and more

Work/Life Balance
- Advancing Personal Skills
- Building Self-Awareness
- Accenting Success
- and more

Professional Development
- Business Writing
- Customer Service
- Planning
- Time Management
- and more

Interpersonal Skills
- Conflict Intervention
- Valuing Diversity
- Emotional Intelligence
- and more

Leadership
- Building a Successful Team
- Leadership Basics
- Delegating
- Workplace Diversity
- and more

Child & Elder Care
- Sales Skills

Work/Life Balance
- Achieving Personal Goals
- Balancing Work & Family
- Avoiding Burnout
- Achieving Goals
- and more

Interpersonal Skills
- Conflict Intervention
- Valuing Diversity
- Emotional Intelligence
- and more

Your EAP regularly helps people locate the services they need to help family members and themselves cope with life's challenges.

- Frequently the hardest part of a decision is doing the research to make your choice. Simply call to have a no cost, confidential conversation with an Intake Counselor that can do general research and within 72 hours provide up to 3 possible options for you to explore more thoroughly.

800-343-3822

If you find yourself in a situation where you or someone you are riding with is incapacitated, call your local cab company for a safe ride home.

When to take a Safe Ride:
- Drunk “one too many” alcoholic beverages
- Drowsiness due to medication
- Emotional distress (i.e., receives bad news on the job, learns of a death in the family, finalizing a divorce, etc.)

Free and Confidential
- AWP reimburses the cab / rideshare fare (no tips, fees or surcharges)
- Up to 3 times in a 3 year period
- Second claim within a 12 month period requires telephonic assessment
- Third claim within a 36 month period requires face to face assessment

800-343-3822
Resources

Your EAP Benefits

AWPnow.com

- Access your benefits
- EAP Orientation
- Lifestyle Blog
- Preparedness & Response Tool Kits
- Newsletters
- Webinar Recordings
... and more

Online EAP access provides:

- Information about AWP, your EAP
- Telephone numbers & Contact Information
- Helpful Resources & Links
- Access to website:
  1. Go to www.awpnow.com
  2. Select “Access Your Benefits”
  3. Complete the required registration fields
  4. Enter your registration code: AWP-TACHEBP-4661

Make note of the email address and password you created for the next time you log in to your EAP website.
Logging Into Your EAP Website

Sign In or Create an Account

Make note of the email address and password you created for the next time you log in to your EAP website.

EAP Orientation Video

CONFIDENTIALITY
It is the policy of AWP to ensure strict confidentiality in the handling of clients’ identity and personal information associated with the work of our rigorously trained professionals. All information shared is treated confidentially in line with applicable state and federal confidentiality laws with respect to alcohol and drug abuse and mental health issues, including HIPAA. Your confidentiality is a cornerstone for the implementation of a successful program. AWP has established and maintains a confidential record-keeping system consistent with those laws and regulations. All AWP consultants agree to adhere to this confidentiality policy and to maintain a high level of ethical behavior in their various roles, including guidance, support, and treatment.
Monthly Webinars

Webinars

Recordings Available

Webinar Schedule 2021

Date/Time
Duration
Event

12/09/2021
60 Min
Managing Holiday Stress
12/15/2021
60 Min
Managing the Challenge of Change
Leadership Series (10/01/2020)
12/16/2021
60 Min
Cyber-Bullying Awareness in the Workplace
12/24/2021
60 Min
COVID-19: Leading During Uncertain Times
1/3/2020
60 Min
Maintaining Emotional Well-Being During COVID-19

Recordings are available to view for 60-days following the live webinar.

Monthly Publications

The Wellness News

Balanced Living

© 2021 Workers Assistance Program, Inc.
All Benefits can be accessed by calling
toll free
800-343-3822
Teen helpline: 800.334.TEEN (8336)
TDD line: 800.448.1823
Todos los servicios disponibles en español
Language translation into 150+ languages.

Thank You!

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