My Neck, My Back, My Neck and My Back: Airrosti
- Neck Pain
- Mid Back Pain
- Triceps Tendonitis
- Low Back Pain
- Disc Injury
- SI Joint Sprain
- Hip Pain
- Hamstring Pull/Strain
- Sciatic-like Pain
- Calf Pull/Strain
- Achilles Tendonitis
- Sever’s Disease
- Heel Pain/Spurs
- Headaches
- Rotator Cuff Pain
- Bicep Tendonitis
- Elbow Pain
- Hip Flexor Strain
- Groin Pull
- Carpal Tunnel
- Quad Pull
- Knee Pain
- Patellar Tendonitis
- Shin Splints
- Ankle Sprain
- Plantar Fasciitis
Musculoskeletal Cost by Pool

<table>
<thead>
<tr>
<th>TAC Pool</th>
<th>2017 Paid Claims</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health and Employee Benefits Pool</td>
<td>$24,988,191.99</td>
</tr>
<tr>
<td>Risk Management Pool</td>
<td>$9,600,234.64</td>
</tr>
<tr>
<td>Diagnoses (Health Pool)</td>
<td>FY 2017</td>
</tr>
<tr>
<td>------------------------------------------------</td>
<td>-----------</td>
</tr>
<tr>
<td></td>
<td>Claimants</td>
</tr>
<tr>
<td>Non-Traumatic Joint Disorders</td>
<td>4,915</td>
</tr>
<tr>
<td>Spondylosis &amp; Other Back Problems</td>
<td>4,693</td>
</tr>
<tr>
<td>Other Connective Tissue Disease</td>
<td>4,449</td>
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<tr>
<td>Other Bone Disease &amp; Deformities</td>
<td>2,067</td>
</tr>
<tr>
<td>Acquired Deformities</td>
<td>566</td>
</tr>
<tr>
<td>Osteoporosis</td>
<td>250</td>
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<tr>
<td>Systemic Lupus</td>
<td>132</td>
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<tr>
<td>Infective Arthritis</td>
<td>48</td>
</tr>
<tr>
<td>Pathological Fracture</td>
<td>23</td>
</tr>
<tr>
<td>Total</td>
<td>11,335</td>
</tr>
<tr>
<td>Nature of Injury (Risk Mgt Pool)</td>
<td>Total Incurred</td>
</tr>
<tr>
<td>---------------------------------------------------------------------</td>
<td>--------------------</td>
</tr>
<tr>
<td>Fracture</td>
<td>$2,224,168.66</td>
</tr>
<tr>
<td>Multiple Injuries Including Both Physical &amp; Psychological</td>
<td>$6,064.87</td>
</tr>
<tr>
<td>Multiple Physical Injuries Only</td>
<td>$1,710,663.53</td>
</tr>
<tr>
<td>Sprain</td>
<td>$2,822,311.18</td>
</tr>
<tr>
<td>Strain</td>
<td>$2,837,026.40</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$9,600,234.64</strong></td>
</tr>
</tbody>
</table>
Treatment for MSK Issues

Medical

Non-Traditional

Drugs

Soft Tissue

Surgery

Weight Loss

Posture

Root Causes
What is Airrosti?

• In-Network Healthcare Group
• Outcome-Based
• Patient-Centered Care
• Rapid Recovery
• Provide Onsite Injury Assessments and Injury-Specific Workshops
How Does it Work?
KNOW YOUR BENEFITS.
Phone: (800) 404-6050
Website: airrosti.com
Range of Motion
a.k.a. ROM

1. Neck (Rotation)
2. Back
3. Lateral (Flexion)
4. Neck
5. Neck (Lateral Bending)
6. Knee (Flexion)
7. Hip (Abduction)
8. Hip (Adduction)
9. Hip (Backward Extension)
10. Hip (Flexion)
What are some Outcomes?
MEASURING PATIENT OUTCOMES

- 504,468 Patient Cases
- Average Number of Visits: 3.2
- 10,536 Physician Recommended Surgeries Avoided
- 88.6% Report Full Recovery
- 99.6% Would Recommend Airrosti to Friends & Family
- 38% of all cases found Airrosti after seeking unsuccessful care first, including:
  - 63% Received Imaging
  - 54% Referred To A Specialist
  - 56% Received Prior PT or Chiro Care

Source: Airrosti Reported Outcomes, as of August 9, 2017
What is available at No Cost?
Q & A

Thank You

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