



TEXAS ASSOCIATION *of* COUNTIES HEALTH AND EMPLOYEE BENEFITS POOL

MEMORANDUM

TO: TAC HEBP Primary Contacts *Action required by October 1*

FROM: Rob Ressmann
Health & Benefits Services Operations Manager

RE: Mental Health Parity HIPAA Opt-Out Notice

The Texas Association of Counties Health and Employee Benefits Pool (TAC HEBP) elected to continue exercising its right as a self-funded, nonfederal governmental entity to be exempt from the mental health parity requirements of Title XXVII of the Public Health Services Act (PHS).

In doing so, TAC HEBP must ensure plan enrollees are notified of this fact prior to TAC HEBP's plan year beginning **October 1, 2022**. We request your assistance with distributing the *2022 HIPAA Opt-Out Notice to Enrollees* to all enrollees in your plan.

Please acknowledge this has been done by completing the section below and returning via email or fax to TAC HEBP, attention Rob Ressmann.

Email: robertr@county.org

Fax No.: 512-481-8481

Your name and title: _____

Date: _____ Date Distributed: _____

County/Entity: _____