

2020 HEALTHY COUNTY CONTESTS



TEXAS ASSOCIATION OF COUNTIES
HEALTH AND EMPLOYEE BENEFITS POOL

Earn up to \$60 in Boomer Bucks - and improve your wellness! For each of the four Healthy County contests completed, you will earn \$15 in Boomer Bucks.

Go to www.county.org/sonicboom to sign up today! Sync your activity tracker to the Healthy County, energized by Sonic Boom, portal and be automatically enrolled in all contests.

WINTER BLUES & RUNNING SHOES

JAN. 13 – FEB. 23

Log 30 days of 6,000 steps or 45 minutes of activity to complete the contest

01



COUNTY vs COUNTY

MAR. 23 – MAY 17

Log 40 days of 6,000 steps or 45 minutes of activity to complete the contest

02



REACH THE BEACH

JUNE 8 – AUG. 2

Log 40 days of 7,000 steps or 60 minutes of activity to complete the contest

03



FALL INTO FITNESS

SEP. 14 – NOV. 8

Log 40 days of 7,000 steps or 60 minutes of activity to complete the contest

04



Check your rewards page to follow your progress throughout each contest:

WWW.COUNTY.ORG/SONICBOOM

If it is unreasonably difficult for you to complete any of the health activities due to a medical condition, or if it is medically inadvisable for you to complete such requirements, contact SonicBoom Mission Control Support as soon as possible at (877) 766-4208 or support@sbwell.com. We will work with you to identify additional opportunities for you to qualify for the incentive.

