

# 2019 Healthy County Contests

**Complete three of four contests to earn \$50 in Boomer Bucks — and enjoy better health.** Boomer Bucks can be redeemed on the Sonic Boom storefront for merchandise, gift cards and more.

**Go to [www.county.org/sonicboom](http://www.county.org/sonicboom) to sign up today!** Sync your activity tracker (Fitbit, Garmin, etc.) to the Healthy County energized by Sonic Boom portal and be automatically enrolled in all contests.



TEXAS ASSOCIATION of COUNTIES  
HEALTH AND EMPLOYEE BENEFITS POOL



## March 11-April 21

Log 30 days of 6,000 steps to complete the contest.

## May 13-June 23

Log 30 days of 6,000 steps to complete the contest.



## July 8-September 1

Log 30 days of 7,000 steps to complete the contest.

## October 21-December 1

Log 30 days of 7,000 steps to complete the contest.



Employees hired on or after May 13, 2019: Complete two of four contests to receive \$50 in Boomer Bucks.

If it is unreasonably difficult for you to complete any of the health activities due to a medical condition, or if it is medically inadvisable for you to complete such requirements, contact Sonic Boom Mission Control Support as soon as possible at (877) 766-4208 or [support@sbwell.com](mailto:support@sbwell.com). We will work with you to identify additional opportunities for you to qualify for the incentive.