



TAKE STRIDES TOWARD A HEALTHIER YOU WITH  
**WALKT**  **BER**™

**Registration Dates: September 17 – November 11**

**Challenge Dates: October 1– November 11**

1. Register for the challenge on your healthy county portal
2. Join or start a team of 2-40 colleagues or play as an individual
3. Completion Goal : Earn 30 leaves by the end of the 6 week challenge by taking 6000 steps a day/5 days a week.

For More Information and to Register Visit: <https://healthycounty.provantone.com>



TEXAS ASSOCIATION of COUNTIES  
HEALTH AND EMPLOYEE BENEFITS POOL

