

Let's help feed our neighbors in need...

Move for Meals

Contest Dates:
Sept. 13 - Nov. 7

1

Reach your individual goal

Log 40 days of 7,000 steps or 60 minutes of activity

2

Reach your team goal

Each county or district will compete as a team for the top spot on the leaderboard

3

Make a difference

Healthy County will donate to the local food bank of the top counties or districts in each territory



Scan to download
the Sonic Boom app
on iOS or Android.

Check out the Contest
page for more details



tac.app.sbwell.com