



weightwatchers
reimagined



TEXAS ASSOCIATION OF COUNTIES
HEALTH AND EMPLOYEE BENEFITS POOL



Texas Association of Counties is proud to announce a partnership with WW (Weight Watchers® Reimagined).

All county employees covered on a TAC medical plan are eligible for a special subsidy price. Additionally, spouses, dependents, and non-covered employees are also eligible for the special TAC discounted rate.

When you join WW, you can lose weight and build healthy habits with a science-backed program that fits your life.

The easy-to-use app has the tools you need, including food and activity tracking, thousands of recipes, even 24/7 Chat with a WW Coach and so much more.



Go to ww.com/us/healthycounty to sign up today or learn more!

| WW Program | Retail Price | TAC Discounted Price | Covered employee/TAC member rate |
|------------|--------------|----------------------|----------------------------------|
| Digital | \$19.95 | \$16.96 | \$12.97 |

Sign up from January 1 – February 28th and get a FREE Unstoppable Kit! Visit ww.com/us/healthycounty for more information

* **Digital membership plan:** Pay \$12.97 today for your first month. Plan automatically renews monthly thereafter at \$12.97 until you cancel or until your employment with [Company Name] terminates.

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Following our program, you will:

Eat what you love.

Based on our science-backed SmartPoints® system, WW nudges you toward a healthier pattern of eating. Everything is on the menu, giving you extra freedom and flexibility! Plus, ZeroPoint™ foods make losing weight even simpler. These nutritional powerhouses are less likely to be overeaten than other foods, and don't need to be measured or tracked.

Shift your mindset.

You'll learn how to think in new ways and handle tough moments with self-compassion. Through our partnership with Headspace®, a global leader in mindfulness and meditation, we also deliver curated content through the WW app to help you shift to a healthier mindset throughout your journey.

Do what moves you.

Our approach to activity is simple: if you enjoy it, you'll be more likely to keep at it, and it will help you reach your goals. Plus, we've partnered with Aaptiv, the leader in guided audio fitness instruction, to include on-demand activity routines in our app, led by Aaptiv's expert personal trainers.



Wellness that Works.™